



# University of Pretoria Yearbook 2016

## Biokinetics (2) 254 (MBK 254)

<b>Qualification</b>	Undergraduate
<b>Faculty</b>	<a href="#">Faculty of Humanities</a>
<b>Module credits</b>	8.00
<b>Prerequisites</b>	No prerequisites.
<b>Language of tuition</b>	Double Medium
<b>Academic organisation</b>	Sport and Leisure Studies
<b>Period of presentation</b>	Quarter 3

### Module content

\*Closed – requires departmental selection

This module focuses primarily on practice directed health care to prepare the student for Biokinetics as profession. In the first place the focus is on carbohydrate and fat as energy source, the health implications for obesity and exercise as modality for the treatment of obesity. Secondly, the focus is on growth and development of the baby and adult and how exercise can influence the growth and development.

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